

Eveline Jurry, Author and Positive Separation Expert, Issues 100 Free Books Worldwide to Help Readers Create a Happier Life After a Breakup

Best-selling international author kicks off U.S. book tour in L.A., October 21

OCT. 4, 2018, BOSTON -- Is it possible to be happy again after going through a divorce, separation or breakup?

Absolutely, says Eveline Jurry, author of [*Happy Again! The Art of Positive Separation*](#). As part of her mission to support people during one of the most vulnerable times of their lives, Jurry is sharing the first 100 copies of her latest book for free with libraries, writers and professionals worldwide before Morgan James Publishing releases the book on October 16, 2018.

With millions of people going through divorce, breakups and separations every year, *Happy Again!* challenges negative assumptions and outcomes by providing practical tools and a clear path for readers to positively navigate daily life during and after separation. Jurry, whose own divorce inspired her to create the Positive Separation Method™, guides readers through the five steps necessary to create a fulfilling life and feel happy again after an emotionally draining split.

“In the years after my own divorce, I wanted to unravel myself from my old life in a positive way but there was no handbook for the process and no one to teach me, so I created a step-by-step instruction manual anyone can follow to propel themselves toward a new, happy life,” Jurry said.

In addition to sharing her blueprint for a positive separation and her own divorce story, Jurry profiles internationally acclaimed authors and thought leaders including Marci Shimoff, Janet Bray Attwood, Chris Attwood, Debra Poneman and Lisa Nichols, as well as clients who have separated from relationships in a healthy, positive way. In addition to Shimoff, Poneman and the Attwoods, Jack Canfield, author of *The Success Principles* and co-creator of the *Chicken Soup for the Soul®* series, and John Gray, *New York Times* #1 best-selling author of *Men Are from Mars, Women Are from Venus* have endorsed the book.

“*Happy Again!* is the most practical recipe I’ve encountered to date for how to make gourmet lemonade out of lemons life may have handed you,” Katherine Woodward Thomas, MA, MFT, *New York Times* best-selling author of *Conscious Uncoupling: 5 Steps to Living Happily Even After*, writes in the foreword of the book. “Let’s just say this book is the equivalent to Gloria Gaynor’s “I Will Survive,” Diane Ladd’s *Under the Tuscan Sun* and a recovery weekend at the spa with your best friend all rolled into one.”

Thomas will receive the first official signed copy of *Happy Again!* when Jurry kicks off her American book tour at Mystic Journey Bookstore, 1624 Abbot Kinney Boulevard in Venice, California on Sunday October 21, 4-6 p.m. Readers also can meet Jurry and purchase a signed copy of her book at the event.

Happy Again! will be available at Amazon, Target, Barnes & Noble, Books-A-Million, Indie Bound and Powell's Books on October 16. To pre-order online worldwide, visit www.PositiveSeparation.com.

Media can schedule an interview with Jurry and attend the book launch event by emailing her at evelinejurry@gmail.com or contacting her on Skype at EvelineJurry. Images of the book cover are available upon request.

ABOUT EVELINE JURRY

Eveline Jurry is an international best-selling author, creator of the Positive Separation Method™ and a sought-after consultant who delivers training and coaching on the art of positive separation to individuals, professionals, corporations and governments. Her first book *Je Wordt Weer Gelukkig (You Will Be Happy Again, 2013, Bruna/Lev)*, is a bestseller in the Netherlands. She holds a Master's degree in corporate law, is an active board member of several nonprofit organizations and currently lives in Amsterdam with her partner John and their blended family of nine. Learn more about Jurry's work, programs and services at www.PositiveSeparation.com.

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